

# École Plamondon School

Northern Lights Hawks Highlights

October 2019

#### **Principal's note**

Welcome to the second month of the 2019-2020 school year at École Plamondon School! We've had an exciting first month in school - start up has been busy and full of fun. We have had our first spirit day - Western Wear, and our annual Terry Fox Run/Walk and Orange Shirt Day. The Terry Fox Run and Orange Shirt Day help our students focus on our virtue of the month: Kindness. As you will read later on in the newsletter, our sports teams have been busy practicing and competing. We plan to continue to tackle the year like a true HAWK!

The end of September marks the completion of many successful events. We would like to take the time to convey our gratitude to any and all who donated and contributed in raising over a thousand dollars towards the Terry Fox Foundation for cancer research and/or brought books in to donate to the Cross Cancer Institute. Moreover, I want to mention the excellent support for Orange Shirt Day on September 30th in acknowledgement of the struggles that the Aboriginals experienced during their time in the residential schools.





October is going to be a great month. We have a number of activities and sport events to keep us busy. Please check out our calendar at the end of the newsletter. Our virtue this month is Self Control. Students from Kindergarten to grade 6 will continue to practice self control and learn different methods for calming and conflict resolution. We believe in teaching students how to solve their own issues and teaching them the tools they need to be successful.

A wise person once said It takes a village to raise a child. Our own wise staff member, Connie Williams, added that it takes a community to run a school. Thank you to all of our community members who work with us to support our school parents, grandparents, businesses, and organizations. A special thank you to Plamondon Co-op for their generous donation of water at the end of the Terry Fox Run and for bringing their friend, Cooper, to high five our students at the end of the run. Thank you for bringing concerns to the admin team and teachers and working with us to build a positive and successful school. We have an amazing School Council/ Parent Advisory Committee who work with us to support our students. We always welcome new



members. We have wonderful parents who work with us for student success. We are fortunate to have you!

The students and staff of EPS wish you a thankful Thanksgiving with family and friends. Enjoy your turkey eating and long weekend.

#### **Students union**

We've had a great start to the year with Student Union! We have elected members for positions and have built committees to stay more organized! In September, we had an awesome turn-out for Western Wear Day. Coming up in October, we have DISNEY day on October 16th! On Halloween, Student Union encourages anyone who wishes to participate to wear a costume (there are prizes!) or black and orange. There will also be Halloween activities during lunch hour and a dance for grades 7-12. Stay tuned for more information about the dance and upcoming events/spirit days!

Congratulations to the following students on being elected for a position this year: *President:* Ty Thompson

Vice President: Efrocia Efimoff

Treasurer: Arianda Egoroff

Secretary: Trysten Kennedy

Grade 7 reps: Palehaya Bochkariov, Feveya

Ambanoudis

Grade 8 rep: Cadence Shapka

Grade 9 rep: Mathew Batiuk

*Grade 10 reps:* Alexandra Barsukoff, Garrett Yoder

Grade 11 rep: Jaz Parranto

*Grade 12 rep:* Fotinia Barsukoff *Committee Leaders:* Amy Ammond, Kyra Gauthier, Annabelle Laderoute **Other members:** Kyr Kuznetstov, Safron Egoroff





## EPS IS FEELING PROUD!

Congratulations to Micheal Kojukar and Alix Vaughan who both received Scholarships from the Plamondon Co-op. Micheal received the Bernadette Bourassa Memorial Scholarship and Alix Vaughan received the Student Bursary! Congratulations to both of you. Also a huge thanks to the Plamondon Co-op who always support our students!



# **Terry Fox Run**

Thank you to everyone who participated in the Terry Fox Run. We were able to raise \$1090.00 towards cancer research as well as collecting over 150 books that will be Donated to the Cross Cancer Institute. Thank you Mr. Reid for Organizing the Terry Fox Run and to Ms.Coonan and Mrs.Yackimec for spearheading and organizing the Book Drive!





Thank you to Plamondon Co Op for supplying all students with water at the end of the run and for bringing Cooper to celebrate our success!



#### Learning Commons News

Welcome to fall in the Learning Commons! We've been working with Legos and robotics this month. Currently some of the Grade 9s are working with the Lego Boost kits to build robots that they will be coding with. These aren't your typical Legos as they include motors, wiring and wifi. Our particular kit can be used to create 5 different types of robots that can use the app on the ipads to do over 60 different activities. Right now Matthew Batiuk is building Vernie the Robot and we will be recording all the different things that he can do. Tune into EPS social media to watch the results in the next few weeks!



# **Social Studies 7**

This month in Mrs. Rebkowich's Social Studies 7 class started their first unit on the Diverse Peoples of Canada. We started by meeting three First Nations - the Mi'kmaq, the Anishinabe, and the Haudenosaunee. October 1st students, pictured below, started working on their project which they will present on

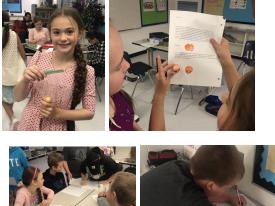


Thursday and Friday.

### **Science 7**

Students in 7B have been learning about the rock cycle in science. Using starburst, they modelled sedimentary, metamorphic and igneous rocks. They also pretended to be rocks, moved through stations simulating different parts of the rock cycle, and created a comic illustrating their rocks journey.



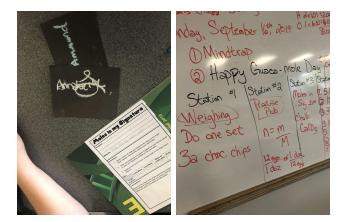


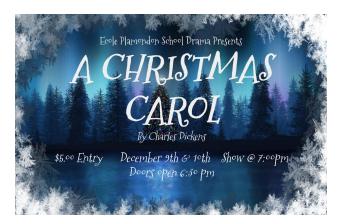


# Science 20

On September 16th Miss Richard's Science 20s celebrated National Guacamole Day by looking at Avogadro's constant and moles! Get it? Moles?

Avogadro?





The talented cast and crew of EPS are proud to announce they will be presenting the timeless classic, *A Christmas Carol* December 9th-10th, 2019. *A Christmas Carol* is a play following Ebenezer Scrooge, who transforms from a mean-spirited and selfish man who hates Christmas to a kind, loving man with the help of three Christmas spirits who take him to the past, present, and future.

Tickets cost \$5.00 per person and will be available for purchase on school cash or at the front office later this month. Doors open at 6:30 PM. Show starts at 7:00 PM. There will only be 200 tickets per show so get them quick!

### EPS Drama Needs Your Help

To make our show, "A Christmas Carol" come to life, the Drama program is requesting volunteers and donations.

 Volunteers could be involved in: set construction, costume making, hair/makeup, painting, sponsorship and fundraising.

- Donations of lumber and building supplies, paint, costumes that would work for 1800s-1900s London.
- Business Sponsorships and donations in exchange for recognition and a tax receipt.

If you would like to volunteer or donate to the drama program please contact Mr. White at <u>matt.white@nlsd.ab.ca</u> or phone the school. The EPS Drama program's budget is very limited and would greatly appreciate the support.

Thank You! - EPS Drama Team

# Preschool

We're back !! And living the dream, same program, new name. Being part of NLSD Care to Learn Preschool had been a wonderful transition



We have 19 students and started earlier this year. Our littles have been enjoying the playground and hanging out with the Kindergarteners!!



So far we have been learning routines, playing with new friends and everyone loves the fun filled visits to the library.

October's theme is Fall and Kindness

We have one spot open Monday/Wednesday mornings 8:30-12.





# Grade 1 News

Students in Mme Doucet's Grade 1 class have been learning how to show kindness to one another by "filling each other's buckets" and why being a "bucket filler" is important.

# **International Travel**

Little Caesars Pizza fundraising orders are due October 8th. Delivery date is set for October 23rd at 1:00pm.



#### **GRAD 2020 News**

Attention all parents of Grade 12 students! Just a reminder that each student needs to hand in their Grad fees and SIN to the office for scholarship purposes as soon as possible. No tickets will be allowed to be purchased until these are submitted.

The Grade 12s have been busy in their committees and as of this week hoodies are finalized and they have choses a direction for their decorations. Great job Grade 12s!







book of tickets, please contact the office 780-798-3840.

The annual School Council and Parent Advisory Council meetings were held on September 24th. We are pleased to share with you our executive team:

Chair	Leanne Thompson
Vice Chair	Sam Chevigny
Secretary	Judith Steeves
Treasurer	Chasidy Bourassa
Division 1 Rep	Lindy Forbes
Division 2 Rep	Rebecca Hilligas
Division 3 Rep	Darby Shapka
Division 4 Rep	Efrosinia Kulikov
Teacher Rep	Louise Bourque
Information regarding	the school budget,
staffing, recess/break	times, and school fees
were shared with the	parents in attendance.

We have two new PAC initiatives this year

- School Branding HAWKS, signs, inviting atmosphere
- School Bus our bus is over 11 years old and beginning to see signs of wear and tare. We are planning for the future need of a school mini bus.

Our major fundraiser this year is our School Raffle. Please help us reach our goal by selling and purchasing tickets. If you would to sell a



### **Hawks Athletics**

**Cross Country Running** Congratulations to Saffron Egoroff and Feavaya Ambandoudis for participating in the X Country run held in Cold Lake



#### JV Volleyball

Volleyball season is in full swing with several of our Hawks teams seeing tournament action as September came to an end. Our Junior Varsity (JV) Boys and JV Girls Teams had a tremendous amount of success at their 1 st Tournament of the year, a Sr. High Tournament, hosted by Ecole McTavish in Ft. McMurray on September 20/21 st. The Boys won their first 4 matches to claim 1 st in their pool but lost in the Semi-Finals to a strong team from the host McTavish squad. The Boys claimed 4 th out of 8. The Girls started off a little slower placing 4 th after Round-Robin but hit their stride in the playoffs defeating Father Mercredi (3A High School) in the Semi-Finals (25-19, 25-21) in a flawlessly played match. The Girls were defeated in the Final but took the Silver in the 6-team event.

Our JV Teams were also in action the following weekend on Sept 28 th in Bonnyville at the Bonnyville Centralized High School JV Classic. I was a 1-day tournament with a Girls Division of 5 and Boys Division of 5 of mostly Junior Varsity (Gr. 9-10) competitors. Both of our Hawks Teams dominated the tournament, with each going undefeated in the Round-Robin draw with neither team even dropping a set. The Gold medal matches were a little tighter but the Hawks prevailed in both: Girls defeated Notre Dame (Bonnyville) 25-17, 25-14 and the Boys defeated BCHS Sr. Boys (17-25, 25-23, 15-10).



#### Rookie Volleyball

Our Rookie Teams (grades 5 & 6) are practicing for their tournament. They have been working hard and learning many new skills. Rookie Tournament at the Bold Center on Saturday, November 2, 2019 from 9:00 am to 5:00 pm

#### Junior Volleyball

Jr high girls have their first game against Light of Christ on Monday, October 7 and three tournaments back to back to back October 19, 26 and November 2. Good luck, HAWKS!

#### Senior Volleyball

This year the EPS Senior Boys and Girls are playing with Ecole Beausejour Lynx. Due to small player numbers in both teams we have decided to join together and combine the school teams. This past month they played in two tournaments, one in Camrose and one in Bonnyville. Both teams worked hard and while the girls just missed out on playing in the finals, the Boys did well bringing home the Silver medal.







# Hawks Practice Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
After School 3:30 – 5:15	Jr. Girls 7/8	Junior Varsity Boys 8/9/10	Jr. Girls 7/8	Junior Varsity Boys 8/9/10	Junior Varsity Boys 8/9/10
(Split Gym)	Rookie Girls 5/6		Rookie Boys 5/6		Junior Varsity Girls 9/10
Evening 5:30 – 7:30 (Full Gym)	Junior Varsity Girls 9/10	Junior Varsity Girls <sup>Only On No-School</sup> Mondays	Junior Varsity Girls 9/10		

#### Upcoming Athletic Events in October:

LSAA Cross-Country Running Championships (Cold Lake) Oct. 3 Sr. Plamondon Invitational Volleyball Tournament (Host) Oct. 4/5 Hawks JV Girls & JV Boys: Mini Wow Pow (Lac La Biche) Oct. 18/19 Hawks Jr. Girls Volleyball Tournament (Boyle) Oct. 19 Hawks JV Girls: Sr. Wow Pow (Lac La Biche) Oct. 25/26 Jr. Plamondon Invitational (Host) Oct. 26

# **November Dates**

Nov 1-2 JV Volleyball Home Tournament



Nov 2 Jr. Volleyball Tournament (LLB)

Nov 5 Photo Retakes

Nov 9 JV Volleyball Districts (Cold Lake)

Nov 11 Remembrance Day - No School

Nov 13-25 Book Fair

Nov 15-16 JV Volleyball Districts

Nov 20 Parent Teacher Interviews 4-10

Nov 21 PJ Day

Nov 22 Day in Lieu (No School)

Nov 23 Jr. Volleyball Districts (Plamondon)

Nov 27-28 Elementary Dental Cleaning

Nov 30 Rookie Volleyball Tournament

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