



March 2020

Principal's note

Welcome to a magnificent March! We had such a fun and exciting February with Kindness month, literacy week, winter walk, pink shirt day, jump rope for heart, basketball tournament and many more activities. We hope you read on to see what we accomplished last month.

This month continues to be a busy month with many activities - we have provided a calendar with the March activities listed to help keep all of us organized. We have several spirit days planned beginning with Decades Day - each class will be given a decade that they can dress up in (the '50s, '40s, etc), St. Patrick's Day - wear your green!, and Tropical Day! The EPS School Council is hosting a Carnival Day for families on March 25th - hope you can join us for the family fun from 5:30-7:30 pm.

Ecole Plamondon Staff invite you to join us on March 18th for Parent Teacher Interviews. We look forward to meeting with you to discuss your child's strengths, accomplishments, and areas of growth. First interviews begin at 4 pm and end at 9:30. Interviews will be scheduled for Kindergarten to grade 3 students. Hope to see you there.

Congratulations to all of our basketball teams. They worked hard and played hard. We are proud of their determination and level of growth. All players were great representatives of our school. We're proud of our HAWKS! Thank you to everyone who supported our teams by

cheering them on, driving them to practices and supporting their drive for excellence. Thanks you to our many coaches who dedicated time and energy to helping our young athletes improve their skills, and have fun. Thanks to Ms. Collen, Ms. Alagoz, Miss Ally Shapka, Mrs. Rebkowich, Jonah G, Mr. Evdokimov and Miss. B! The basketball season is soon wrapped up. The sports never end at EPS and we are moving into Badminton season. Please Hawks' Athletics section for more information.

So far, winter has been reasonable this year and we have been blessed with spring like conditions recently. However, this is Alberta and we know that snow and storms can still happen way into April. Please continue to send appropriate winter clothing with your child on the bus and for outdoor recesses.



PAC CARNIVAL



**PAC Would like to invite everyone to a mini carnival. Lots of family fun free of charge with games and fun for everyone !
March 25th from 5:30-7:30 in the EPS**

Gym

Preschool



Last month we celebrated Valentine's Day and dressed up as superHeroes. Our class had a lot of fun learning about the hunting tent in Ms Delorme's classroom. February had many days of beautiful weather, we have been outside everyday enjoying the snow.

Kindergarten News

During the month of February, we had a lot of fun events to celebrate. We enjoyed Groundhog Day, Valentine's Day and the 100th Day of School! The students enjoyed all of these days and had a blast with the crafts, centres and assemblies that this month had to offer. The students learned a lot about kindness and the ways that we can show kindness towards others

as we prepared for Pink Shirt Day. Lastly, we were able to increase our heart rates to support the Jump Rope for Heart Foundation. Here is a look at some of the fun moments we've shared:



Grade 1 News

Hooray for the 100th Day of School! Students in Mme Doucet's Grade 1 classroom celebrated the 100th Day of School on February 19. Froot Loop necklaces and 100 Day crowns were some of our activities. We are 100 Days smarter!!



Grade 2 News

The Grade Two class had a busy month in February! Our classroom was turned into a Contraction Hospital where the children donned hospital hats and became contraction doctors. Equipped with a stack of band-aids and scissors, the children took two words at a time and stuck them together using a bandaid as an apostrophe. Next, our classroom turned into a cold device science laboratory where the children build a device that would keep an ice cube cold. Using styrofoam, tape, containers, tin foil, bubble wrap, plastic wrap, and even tooth picks, the children manufactured ice coolers that keep ice from melting.



Grade 5 News

During the last week of February, the Grade 5 class attended Red Cross Swimming Lessons at Portage Pool in Lac La Biche. They learned a lot and enjoyed their time at the pool.

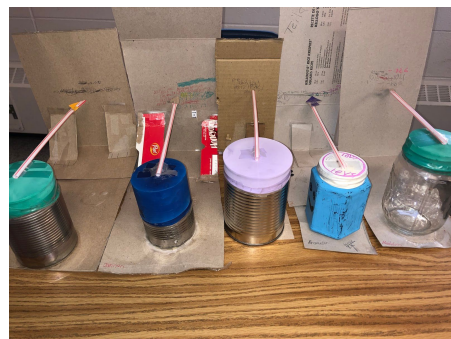
Grade 5 and 6 News

The Grade 5 and 6 class had a very successful fundraiser. The tupperware sale netted close to \$1800.00 to be used for their field trip to Edmonton in May. The Grade 5 class will be going to the Telus World of Science and the Grade 6 class will be going to the Provincial Legislature. The next (and probably last) fundraiser is a bake sale at the Bold Center on Saturday, March 28. The sale will be part of the big Spring Sale that is taking place that

weekend and should be very profitable for the students.

Grade 6 News

Grade 6 science students have been busy learning about air, aerodynamics, and flight... With topics ranging from building Barometers and measuring Barometric pressure, to constructing flying objects and modifying them to fly, we've enjoyed putting our learning into action. Sky Lantern flying was a *BLAST* as the cold air made things difficult to get lift-off, so with the warmer weather coming, the next projects we build will hopefully have a better chance of taking-off!



Grade 4-7 Life Skills Students



Life
skills

students baked and decorated cupcakes to sell! They looked and tasted amazing! Good job boys!

Grade 4

This month, we have added a piece of history to our class! A modern rendition of a Metis trappers tent has been temporarily constructed and is being used to explore Metis and local peoples that have helped shape our community, province and country. Students have had the opportunity to listen to traditional stories from elders and staff, which has provided an exciting opportunity to bring history to life. Through oral accounts, students have made many connections to their own experiences and are thrilled to share their stories. Many of the living artifacts and furs in the tent have been lent to our grade 4 class from the Buffalo Lake Metis Settlement and local Plamondon trappers.

“The Métis are a distinct cultural group within Canada’s indigenous people, tracing their roots to European explorers and fur traders (mostly men) who started families with indigenous people (mostly women) while working for trading companies such as the Hudson’s Bay Company.”



Jump Rope for Heart

On February 28th, our school once again hosted a Jump Rope for Heart Day. Not only were students able to help raise funds for Heart & Stroke, but participated in a good portion of the recommended daily physical activity for children, built relationships and connections across and between grade levels, and experience fun centers fit for every level of skipper. Some also learned a little bit more about how to protect their heart and brain health. This year, there were some changes to the way the event was run that improved the flow of traffic, gave all students more time to be active and engaged, and catered to the different jump rope experiences of students. Thank you to all of the respectful students who participated in the event, and who helped raise money, which all combined gave us a total of \$979.00! Thank you to the teachers and EAs who lead groups and took care of making sure everyone was safe! Also, a very special thank you to the Grade 6, 8 & 9's who helped facilitate centers and clean up afterwards; your assistance is extremely

appreciated! We hope that this experience makes us as a school excited to participate again next year, and raise even more money to show compassion and kindness to others.



Learning Commons News

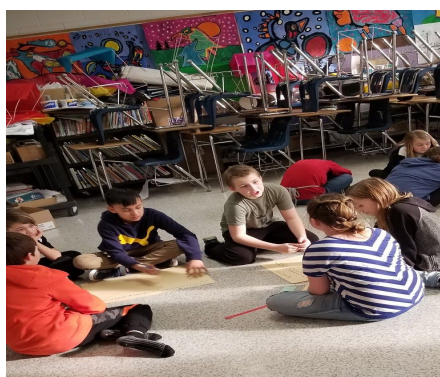
Literacy week was a huge hit this past month! Students were able to practice their reading skills during our Buddy Reading day with the older grades reading to the younger ones.



Dress up day had some pretty adorable little superheroes!



Big thank you to our guest speakers, Rachelle Bourassa, Jamie Germain and Edward Plamondon who came to speak to our students about writing and illustrating books.



Wrapping up the week was our Superhero Reading Academy! As student groups made their way through obstacle courses saving books, cracking secret codes, making superhero crafts, writing superhero stories and getting to

hear some special Indigenous Storytellers, they had fun and learned lots.



GRAD 2020 News

Reminder to all Grads to get your photos in for the slideshow. Each Grad is allowed 10 photos plus their Grad portrait. Deadline is March 15, 2020.



Early Learning Open House

**Friday March 27, 2020 from
9:00am-3:00pm**

Upcoming Preschool and Kindergarten students and their parents can explore classrooms and the school, meet the teacher, and learn all about the exciting things they'll be doing at École Plamondon School

THANK YOU'S

Big Thank-you to Taylor Watson, Kari Ambanoudis, Chasidy Bourassa, Judith Stevens, Natalia Chaschin, Terri St.Jean, Rosie Frolov, Officer Brittain, Officer Stuut, Officer Piquette for helping to supervise students while staff were meeting with Superintendent Cusson

School Council and PAC



Thank you to our school council and PAC members who give of their time and energy to work towards an ever improving school. We have a great executive team but we would like your input and knowledge to help us focus on ways to improve. Please consider joining us at our next School Council Meeting on **March 31st at 6:00pm.**

School Council/PAC invites you to join them for an evening of family fun. On **March 25th** the gym will be turned into a carnival with many games for all to try. Come out for an evening of fun! Games begin at 5:30 and the evening ends at 7:30. There will be prizes and snacks.

It's Casino time again - EPS PAC has been granted an earlier casino date. Our next casino is **April 22 and 23rd**. We need workers. If you are able to work the casino, please call the school.

Parent Teacher Interviews

École Plamondon Staff invite you to join us on **March 18th** for Parent Teacher Interviews. We look forward to meeting with you to discuss your child's strengths, accomplishments, and areas of growth. First interviews begin at 4:00 pm and end at 9:30pm. Interviews will be scheduled for Kindergarten to grade 3 students. Hope to see you there

Hawks Athletics

Junior Boys Basketball

The boys had an awesome season this year with more than one three second, one point win or loss. All the players represented our school well, being great guests in any school that we visited and making sure to be a good role



model for those around them. They lost gracefully and won with even more grace, making their coaches very proud of their



character. The skills the boys demonstrated on the first day of practice has developed ten fold, with our young team growing in confidence and ability. We ended the season coming in 5th in Districts but that was only one day of many throughout the season. Great job Boys! We are very proud of your accomplishments this year!

Junior Girls Basketball

This year the Jr Girls basketball saw many new faces to the team. With dedication and passion for the game the team developed well in less than 2 months. A few of our rookies even stepped up to play entire games when required. The Hawks won the Ward championship and represented EPS very well at the District tournament in Bonnyville.

In the last quarter of the semi final the girls pushed through and defeated the home crowd



team HEB to place 3rd in the Division.

Rookie Basketball

Rookie basketball players had a good season! Girls went undefeated on their side with one tie and two wins. Boys had two losses and one win this season. In our final tournament we had to play as a coed team on the boy's side and came out with a third place! Way to go Hawks! We need more players next season on both sides so we can have more subs and would not have to combine for tournaments. I encourage more students to play basketball and try out for Rookie teams.

Basketball helps students with decision making, improves self-esteem, increases strength and agility, teaches speed and explosiveness, improves sleeping/resting habits, and allows pizza eating at the 'season end' party. Not to mention, it gives students a chance to meet and work with that 'pesky' and 'always loud' Mr.E before they join his math class next year. Season End party will be held after spring break so everyone can enjoy food and beverages that will be provided. See you on the courts! Regularly!
Coach E.



Boxing Champion



Gr. 10 student Chanse Abtosway won a gold medal at the Medicine Hat boxing tournament

Hawks Badminton 2020

Time	Monday	Wednesday	Thursday
After School 3:30 – 5:00	Junior (2007) Intermediate (2006) Senior (2005 & '04 Gr. 9's) High School (Gr. 10- 12)	Junior (2007) Intermediate (2006) Senior (2005 & '04 Gr. 9's) High School (Gr. 10- 12)	Tyro (2009) Novice (2008)

- ★ Please note that practice sessions are intended to be by competition category, not by grade (Year of Birth)
 - If you are unsure about which category you are supposed to practice in...please see Mr. Reid.
 - Grade 6's that are playing up in Junior (2007) will be permitted to practice on Tyro/Novice Night (Thursday)
- ★ 1st Practice will be **Wednesday March 4th** for Junior, Intermediate & Senior
- ★ 1st Practice will be **Thursday March 5th** for Tyro & Novice

Grade 5-9 (LSAA) Tournament Dates:

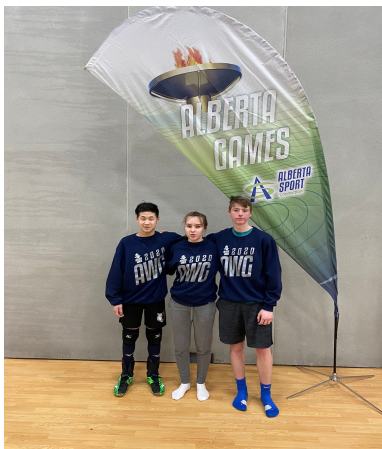
- LSAA West Ward Playoffs (Lac La Biche)
Wednesday, April 15th
- LSAA District Championships (Bonnyville)
Saturday, April 25th

Grade 10-12(ASAA) Tournament Dates:

- NEASAA District 3 Playoffs (Bonnyville)
Wednesday, April 15th
- NEASAA Zone Championships (Lloydminster)
Wednesday, April 22nd

Alberta Winter Games

Tristen Kim, Dallas Hankinson and Heonia Basargin represented zone 7 in volleyball.



Safron Egoroff represented zone 7 in wrestling.



Seth Coonan represented zone 7 in archery.



Dates to Remember

April 3 @ 3:30 Begins	Spring Break
April 4-13	Spring Break
April 13	Easter Monday
April 14	School Begins
April 16	Albert Opera
April 20-24	Russian Easter
April 30	WordPower Tour



March

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 K-3 Dance at 11:40 	5 4-6 Dance lunch 	6 	7
8 	9	10	11 Jungle Theme Book Fair! 	12	13 Decades Day 	14
15	16	17 Boys don't talk to girls' day Green day 	18 Parent Teacher interviews at 4pm 	19 	20 	21
22 Book Fair Ends 	23	24 Tropical Day 	25 PAC Mini Carnival 5:30-7:30 	26	27 Kindergarten & Preschool Open House 9-3:00. No Kindergarten	28
29	30	31	April 1	April 2	April 3 Last Day of School before Spring Break	