

March 18, 2021

Dear Parent/Guardian:

RE: Notice of Rash Illness in Ecole Plamondon School (K-12)

Ecole Plamondon School (K-12) has recently experienced an increase in the number of children with a rash illness. The cause of this rash has not yet been confirmed. While many rashes can be safely monitored at home, others might require the attention of a physician. **We recommend that any child who develops a new rash in the next two weeks see a physician for an assessment.** The physician may order some testing or prescribe some medication.

Children who are ill with a new rash should remain away from school until advised by a physician that they are able to return to school.

To help prevent the spread of illness:

- Do not send your child to school if he/she is ill.
- Take your child to see a doctor if he/she develops a new rash
- Ensure that your child and others in your household **perform hand hygiene frequently** by washing their hands with soap and water or using alcohol-based hand rub.
- Promote and remind your child and family members to **practice respiratory etiquette**:
 - Cough and sneeze into their sleeve.
 - Cover their mouth and nose with a tissue when coughing or sneezing.
 - Throw away used tissues immediately after sneezing, coughing or wiping their nose.
 - Perform hand hygiene as described above.
- Clean surfaces that are frequently touched such as door knobs, light switches and bathroom taps.

Please call Health Link Alberta at 811 if you have any questions.

Sincerely,

Original Signed

Dr. Kristin Klein, BSc, MD, FRCPC
Medical Officer of Health, North Zone-East (Areas 7, 8, 10)