

# École Plamondon School Hawks Highlights



June 2021

# **Principal's Note:**

I blinked and then it was June. Even in this very busy year, it seems surprising that it is already June. We definitely had our ups and downs this year, faced uncertainties together, and learned to go with the flow. It has been a different year, but I do have fond memories of each child, the growth they have made and the fun we have had.

The EPS staff would like to thank each and every one of you for the support you have given us and working together to support our kiddos' learning. We are almost at the finish line, but we aren't there yet. This month is an important month of learning. The staff is ready to finish the year with a bang! Please continue to send your children to school so the learning can continue. Please continue to call us when you are uncertain about what is happening in the school, or need clarification. It is through working together that we will find the best in each other and for our kids.

This month we are focusing on wrapping up our learning. We are continuing to meet curriculum outcomes, reviewing our understanding, digging deeper and learning more. There is lots of learning left to do. Due to the interruptions in learning this year and moving between online and in person learning, we have decided to do project based learning assignments with the junior high students rather than final exams. However, our high school students will be writing final exams. The exams take place on June 18-22. The last day of classes for our high school students is June 18. The last day of classes for all students in Kindergarten to grade 9 is June 25.

This month we are focusing on celebrating our diversity in our Cultural Diversity Week, June 14-21. We are excited to learn more about each other by learning a little bit more about the different cultures in our school. Be prepared for children to come home that week with new information to share.

This month is also the time for celebrating our students. We will have Kindergarten Graduation on June 23rd and our Grade 12 Graduation on June 26. It looks like we will be able to celebrate our kids' successes. We are so excited to do something special to acknowledge and honor our students. Happy June! We're almost at the finish line. Let's work together to reach our goal for the completion of a successful year!

# When Do I Send My Child to School?

If your child has a fever, cough, shortness of breath, or loss of sense of smell or taste, they need to isolate for 10 days from when the symptoms started OR receive a negative COVID-19 test and feel better (no more symptoms) before returning to activities, including school.

If your child has chills, sore throat/painful swallowing, runny nose/congestion, feeling unwell/fatigued, nausea/vomiting/diarrhea, unexplained loss of appetite, muscle/joint aches, headache, or conjunctivitis (pink eye), keep them home and monitor them for 24 hours. If symptoms are improving after 24 hours they can return to school when they feel well enough to go. No testing is required. If the symptoms do not improve after 24 hours or get worse, call 811 to check if testing is recommended. If your child has two or more symptoms, keep them at home, and call 811 to see if testing is recommended. They can return to school and activities once all their symptoms go away as long as it has been at least 24 hours since they started.

Students who show these symptoms or complain of these symptoms while at school will be isolated from other students and staff and parents/guardians will be called to come pick them up from school.

If you are unsure about whether or not to send your child to school, we recommend keeping them at home. Your child's teacher will contact you to discuss whether or not they are well enough to participate in learning at home and how we can support you with that.

# Freezie Sale

Every Thursday we will be selling freezies for



\$1 as a fundraiser to support a child to be able to attend Lakeland FASD Summer Camp! It costs \$500 for a child to attend - we want to support at least one child. So buy a freezie or two, send in your donations, and make a kid's summer that much better! Thank

you the North Country COOP for donating the freezies for this!

#### School Renovations

We are excited to announce that the bathrooms in the junior high and high school area are being renovated this summer. This is great news as our bathrooms are in need of an upgrade. Thank you to NLPS for financing this project.

This is a very large job. Not only are we getting new sinks and toilets, but we are also getting a new design which requires demolition and rebuilding. This project will take a long time to complete, therefore, the work will begin on June 11 after school. The bathrooms will under construction for the remainder of the school year. This is only one week of regular classes for our high school students and two weeks for

our junior high students. We will alternate bathroom allocation for all grades. As well, we will be getting new lighting throughout the building. LED lights will be installed.

Please feel free to call the school if you have questions or concerns.



EPS School Council Executive
Bailey Walsh - Chair
Connie Williams - Vice-Chair
Chasidy Bourassa (with Kim Gauthier assisting) - Treasurer
Christine Tredger - Secretary

We are still looking for a division rep for division 4 (grade 10-12). This position is important as you will provide insight and perspective for students/parents in your child's division. We have been having great Zoom meetings and working through the ever changing pandemic year. Thank you for donating your time and energy to this important council.

We would like to invite all parents to join our next meeting on **June 2, 2021** at 6:30 in a ZOOM meeting. The invitation will be on our school website and our Facebook page on May 31st.

# **Preschool News**

Holy smokes Preschool was busy the month of May!!

We are continuing to learn how to print our ABC's with our favourite story Chicka Chicka Boom Boom.

While all the other grades were away, preschool was able to play on the "Big playground", run down the hallways, chase seagulls in the rain and play in the mud.

This month we dressed up as community helpers. The Fireman and Doctor was our favourite to play.

Huge thank you to Lochlan's Kokum, who brought us pet worms to take care of in our classroom as we learned about recycling and composting. We also found a bat on the wall outside and Ms Colleen took it home to put in her bat house. She also brought her pet chicken Brita to play with us at school one day and Brita chased us around the playground! To end the month when we were all back together we celebrated Emmy's 4th Birthday











# Kindergarten

It has been hectic days in kindergarten as we



have been back for the past week! We continue to learn about letters and sounds, and the difference between 2-D and 3-D shapes. Can you find some of these shapes at home: Circle, Rhombus, Rectangle, Triangle, Square, Oval, Cone, Pyramid, and Cylinder.

# Grade 1-2

Students in the Grade 1-2 class germinated seeds in clear containers when learning about what plants need to grow.

# Grade 2

We are busy working on finishing up our Fairy Tale unit in Language Arts with planting magic beanstalks, learning about fractured fairy tales and writing our own stories. We are also finishing our Boats and Buoyancy unit in Science with the unit test and a boat building project. We will celebrate our achievements in these two areas with a "Royal -Tea and Boat Regatta" next Friday afternoon where we can act like Kings and Queens playing royal games and setting sail to our boats. We are looking forward to getting outdoors in June to study insects for Science and gathering summer words to make some poetry.

#### Grade 3

Warm weather = playground fun and activities during the month of May for the grade 3 class.



# Grade 4

We're back in the classroom! I'm so proud of how well the grade fours have transitioned wonderfully from in-school to online to in-school learning this month. With a positive mindset and handwashing, I'm certain we will get through these last four weeks of learning within the building.

In May, we took advantage of the online learning time by working comfortably at





as

as

well

inviting some of our furry friends to join us during our google

meets. One four legged friend that paid a quick visit was 'Bob' the bottle fed bull calf (pictured below).

Now that we're back, we've been enjoying the beautiful weather by taking our



academics outdoors. Sidewalk chalk math has been a great way to practice our

two/three digit by one/two digit



multiplication. During social studies, we were/are discussing Indigenous peoples and natural resources

in Alberta, such as wildlife. To bring the social lesson to life, we were able to fillet a northern pike while discussing its importance, anatomy and place in the food chain. In science, we have been studying plant growth where we have spent the time learning traditional uses for plants in our area, including plants in our very own schoolyard!





# Grade 5

Grade 5 students wrapped up their chemistry unit with several experiments of making slime, identifying density of liquids, separating solvent from solute, creating crystals similar to geodes and using chromatography to recognize ways of separating liquids to determine what might be in the liquids.









Grade 6

Grade 6 science students continue their learning about pitch, yaw and roll when controlling an airplane to deal with the forces of drag, thrust, lift and weight (gravity). As we shift our focus to build helicopters, combining the two will provide more information about how flight works.





#### Did You Know:

Bernoulli's principle holds that for fluids in an ideal state, pressure and density are inversely related: in other words, a slow-moving fluid exerts more pressure than a fast-moving fluid. Ask a Grade 6 student about Airfoils and the shape of wings to create high pressure and low pressure in order to fly!

# **Grad 2021 - Information**

We recently had our last Grad meeting and are looking forward to celebrating on June 26th. Here is a link for the last meeting minutes.

# **Grad Meeting Minutes**

#### **BIO 30**

Biology 30 students explored Mendelian genetics using an old favourite from their childhood. In pairs, they were assigned Mr. and Mrs. potato heads at random, with each body part represented as homozygous and heterozygous allele pairs. Next, groups paired up with the opposite sex, and were able to create punnet squares and predict possible outcomes of offspring in the next generation.



# **Learning Commons News**

Hello everyone! Can you believe this school year is almost over?

It seems like just yesterday it was Christmas! As our year end approaches, a reminder that this will be our last week at the library for this school year, so please return your books as you finish them.

The good news is, our Public Library will be here for your enjoyment over summer break. Don't forget about our awesome curbside pick up service! The beautiful weather is the perfect choice for a beach read . Happy Summer Reading!!

# **Final Exam Schedule**

June 18 Russian 35

June 21 Physics 30 June 22 Bio 30

**English 10** 

All exams begin at 9:00 am. Students wanting to leave the school after the exam will need to have a note and sign out of the building before leaving.

# **Bulletin Boards at EPS**

Thank you to our amazing Educational Assistants who go the extra mile to make our school a fun place to be. Here are some of the new bulletin boards in our school!





# No Health Without Mental Health:

# A Message from Ms.Patti

Why worry about Mental Health during break?!

Summertime is great but disrupted schedules happen and we know that having a reliable routine can ward off symptoms of Mental Health Concerns.

Five Self-Care Tips to Maintaining Mental Health During the Summer

- Get outside! Exposure to natural sunlight increases levels of vitamin D and serotonin, which are known to boost your mood. Exposure to nature not only makes you feel better emotionally, it contributes to your physical wellbeing, reducing blood pressure, heart rate, muscle tension, and the production of stress hormones.
- Stay in the moment and enjoy your vacation time. When you find your mind wandering to life's stresses, catch yourself and focus on your present moment.
- 3. Plan a getaway
- 4. Maintain a healthy sleep schedule.
- 5. Stay active and hydrated!

If you have an emergency or you require immediate assistance or are in crisis

please contact 911 or ASH's 24-hour crisis hotline at 1-877-303-2642

Or

Kids Help Phone at 1-800-668-6868, through text 6868, or live chat at Live Chat

Lac La Biche Mental Health 780-623-5230





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Happy Summer!	2.1 Indigenous Day Bio 30 Final Exam	Cultural Diversity Week	7	
29 Happy Summer!	22 Physics 30 Final Exam English 10 Final Exam	15	00	
Happy Summer!	Kinder Grade 2021	16 8o's Day	Superhero Day!	
	Eceszie Sale	17 Last Day of Preschool Eceszie Sale	10 Eugazie Sale	Ereszie Sale
	Last Day of School K-9 So Long N SG Hout K Hette	18 Last Day of Classes Grades 10-12 Russian 35 Final Exam	11	
	EPS Grad zozn	19	12	

# W CO Jo 21 between people encouragement note to a friend Send a positive with someone who means a emotions are how positive contagious who needs lot to you Notice 29 be thankful for with people you feels to laugh friendly smile enjoy how it funny and something see today Share a Watch the joys in your life (and keep adding to it) Make a list of friendly way warm and feel grateful for Bring to mind that you find memory you a favourite beautiful 25 appreciation to people who are helping others Show your a difficult situation good in playful, just for to do something the fun of it Make time something that fun childhood

activity

ACTION FOR HAPPINESS

**Happier** · Kinder · Together